



SUICIDE CRISIS HOTLINES

- Suicide Crisis Hotline (800) 273-TALK (800) 273-8255
- MHMRA Helpline (713) 970-4600
- Harris Center 24-hour Hotline (713) 970-7000
- General Emergency Line 911

Present yourself at:

West Oaks Hospital
6500 Hornwood Drive
Houston, TX 77074
(713) 995-0909

CRISIS HOTLINES

[Child Abuse Hotline](#) | (800) 4-A-CHILD (800) 422-4453

[Domestic Violence Hotline](#) | (713) 528-2121

Available 24/7 for confidential support for women, men, and youth who have experienced domestic violence, along with 24-hour Hospital Accompaniment for survivors of domestic violence and sexual assault to area hospitals and emergency shelter.

[MHMRA Helpline](#) | (713) 970-4600

The MHMRA (Mental Health and Mental Retardation Association) Helpline is available 24/7 for crisis intervention, suicide assessments and intervention. Provide community referrals and information about MHMRA services.

[National Human Trafficking Resource Center Hotline](#) | (888) 373-7888

Trained staff members are available to take your call 24 hours a day, 7 days a week. The hotline is toll free and interpretative services are available for non-English speaking callers (over 200 languages). They are there to listen and connect callers with help to stay safe. All communication is strictly confidential.

[National Runaway Hotline](#) | (800) RUNAWAY (800) 786-2929

[Rescue Houston Hotline](#) | (713) 322-8000

A 24/7 hotline providing immediate response and rescue for victims of sex trafficking and sexual exploitation.

[Rape Crisis Hotline](#) | (713) 528-7273

Available 24/7 for confidential support for women, men, and youth who have experienced sexual violence, along with 24-hour Hospital Accompaniment for survivors of domestic violence and sexual assault to area hospitals.

[Teen Crisis Hotline](#) | (713) 529-8336 (Available 24/7)

[United Way Texas Helpline](#) | 24/7 DIAL 21